

*Herbalicious...  
Everything Nutritious*



▶ Your Source  
to  
Wheat-Free  
Gluten-Free  
Foods

## Wheat-Free Gluten-Free Catalog

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Specializing In

- Wheat-Free
- Gluten-Free
- Dairy-Free
- Yeast-Free

## About Herbalicious

Herbalicious...everything nutritious is a small health food - specialty store established in 2000. We carry many organic, vegan and homeopathic items as well as our specialty, wheat free/gluten free foods. Need a gift for that hard-to-buy-for someone? Specialty gift baskets are made to order.

Many hours of commitment and research have gone into compiling our new 2004 Spring wheat-free/gluten-free catalog. You will notice beside each brand name a classification as to what type of facility each manufacturer is. We have included this information for persons who are extremely sensitive. Please note that Herbalicious assumes no responsibility for individual manufacturer's claims.

All prices are subject to change without notice as we have no control over our suppliers. Herbalicious does not require a minimum order and as an added value, we offer a 10% case discount price.

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## Catalog Code

\* Frozen or Perishable Product (not available for shipping at this time)

**BAKED GOODS, FROZEN****GILLIANS FOODS (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
054495	ROLLS,FRENCH,W/F,G/F	22 OZ	\$6.79	12 @ \$73.33

**KINNIKINNICK FOODS (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
078796	HOT DOG BUNS, TAPIOCA RICE	12.5 oz	\$5.69	6 @ \$30.73

**BAKED GOODS, NON-PERISHABLE****ENER-G (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
053162	CAKE,POUND	11.46 OZ	N/A	6 @ \$33.21
053163	COOKIES,CHOC CHIP,POTATO	9.6 OZ	N/A	6 @ \$34.72
048618	DONUT HOLES	8.5 oz	\$6.46	6 @ \$34.88
053172	LOAF,BROWN RICE	16 OZ	\$4.66	6 @ \$25.16
053173	LOAF,BROWN RICE,YST-FREE	19 OZ	\$5.03	6 @ \$27.16
071465	LOAF,CORN	8 OZ	N/A	6 @ \$22.25
053174	LOAF,HARVEST	21.16 OZ	N/A	6 @ \$37.75
053175	LOAF,HI-FIBER RICE	16 OZ	N/A	6 @ \$31.70
071466	LOAF,LIGHT,BROWN RICE	8 OZ	N/A	6 @ \$21.11
071468	LOAF,LIGHT,TAPIOCA	8 OZ	N/A	6 @ \$18.58
071467	LOAF,LIGHT,WHITE RICE	8 OZ	N/A	6 @ \$19.60
053176	LOAF,TAPIOCA	16 OZ	\$5.29	6 @ \$28.57
053177	LOAF,WHITE RICE	16 OZ	\$5.29	6 @ \$28.57
053178	LOAF,WHITE RICE,YST-FREE	22.4 OZ	N/A	6 @ \$28.67

**GLUTEN FREE PANTRY (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
076023	GLUTEN-FREE STUFFING MIX	14 oz	\$8.51	14 @ \$107.23

**GLUTINO (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
071469	BREADSTICKS,PIZZA FLVD	5.3 OZ	\$6.49	6 @ \$35.05
071470	BREADSTICKS,SESAME	5.3 OZ	\$6.49	6 @ \$35.05

**BAKING, MIXES / FLOUR / MISC.****1-2-3 GLUTEN FREE (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
078118	AARON'S FAVORITE ROLLS	.88 lb	\$7.49	6 @ \$40.45
078119	ALLIE'S AWESOME BUCKWHEAT PANCAKES	1.5 lb	\$7.35	6 @ \$39.69
078120	DELIGHTFULLY GRATIFYING BUNDT POUNDCAKE	2.42 lb	N/A	6 @ \$43.15
078121	DEVILISHLY DECEDEANT BROWNIES	1.91 lb	N/A	6 @ \$40.93
078123	LINDSAY'S LIPSMACKIN ROLL OUT SUGAR COOKI	1.35 lb	\$7.49	6 @ \$40.45
078116	SOUTHERN GLORY BISCUITS	1.11 lb	\$6.65	6 @ \$35.91

**ANCIENT HARVEST (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
078286	QUINOA OG	12 oz	N/A	12 @ \$53.46
078018	QUINOA, OG, FLOUR	24 oz	N/A	6 @ \$36.23

**ARROWHEAD MILLS (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
049236	BAKING MIX,OG,ALL PURP,WF	28 OZ	N/A	6 @ \$29.16
049245	BROWNIE MIX,OG,W/F,G/F	17.4 OZ	N/A	12 @ \$50.33

**BAKING, MIXES / FLOUR / MISC.****ARROWHEAD MILLS (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
071008	CAKE MIX,VANILLA,G/F	20.9 OZ	N/A	6 @ \$27.16
049277	COOKIE MIX,OG,CHOC CHP,WF	12.9 OZ	N/A	6 @ \$23.11
049296	FLOUR,OG,AMARANTH	10 OZ	N/A	12 @ \$32.18
049299	FLOUR,OG,BROWN RICE	32 oz	N/A	12 @ \$40.18
049302	FLOUR,OG,MILLET	32 oz	N/A	12 @ \$44.28
049308	FLOUR,OG,SOY	22 OZ	N/A	12 @ \$33.16
049313	FLOUR,OG,WHITE RICE	32 oz	N/A	12 @ \$42.23
049346	PANCAKE MIX,OG,G/F	28 OZ	N/A	12 @ \$62.42
049350	PNCK&WAFL MIX,OG,WLD RICE	32 oz	N/A	12 @ \$62.42

**AUTHENTIC FOODS (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
048595	ARROWROOT FLOUR	48 oz	N/A	6 @ \$65.39
032295	BETTE'S FEATHERLITE RICE FLOUR BLEND	48 oz	\$11.99	6 @ \$64.75
032293	BETTE'S FOUR FLOUR BLEND	48 oz	\$11.54	6 @ \$62.32
065008	BLUEBERRY MUFFIN MIX	16 oz	N/A	6 @ \$42.17
065003	CHOCOLATE CAKE MIX	11 oz	N/A	12 @ \$59.08
065005	CINNAMON BREAD MIX	20 oz	N/A	6 @ \$38.61
065020	DOUGH ENHANCER	2 oz	\$5.11	6 @ \$27.59
048596	GARBANZO FLOUR	20 oz	N/A	6 @ \$37.80
065009	GARFAVA FLOUR	20 oz	N/A	6 @ \$37.80
065010	GARFAVA FLOUR	96 oz	N/A	4 @ \$93.64
032294	LEMON CAKE MIX	11 oz	N/A	12 @ \$59.08
065007	PANCAKE & BAKING MIX	20 oz	N/A	6 @ \$43.31
066370	PIE CRUST MIX	11 oz	N/A	6 @ \$33.97
065013	POTATO FLOUR	20 oz	N/A	6 @ \$35.69
065021	POTATO STARCH	56 oz	N/A	6 @ \$54.05
065011	SORGHUM FLOUR	20 oz	N/A	6 @ \$34.61
078382	SUPERFINE BROWN RICE FLOUR	3.5 lb	\$9.95	6 @ \$53.73
065012	SWEET RICE FLOUR	48 oz	N/A	6 @ \$59.78
065014	TAPIOCA FLOUR	44 oz	N/A	6 @ \$45.52
065006	VANILLA CAKE MIX	11 oz	N/A	12 @ \$62.86
065019	VANILLA POWDER	3 oz	\$8.29	12 @ \$89.53
065017	XANTHAN GUM	2 oz	\$6.99	12 @ \$75.49
065018	XANTHAN GUM (BAGS)	8 oz	N/A	6 @ \$78.57

**BOBS RED MILL (WF, GF Room)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
050782	ARROWROOT STARCH	20 OZ	\$6.69	4 @ \$24.08
050783	BAKING POWDER	16 OZ	N/A	4 @ \$13.07
050784	BAKING SODA	16 OZ	N/A	4 @ \$9.36
050787	BISCUIT/BAKING,WHT FREE	24 OZ	\$5.05	4 @ \$18.18
050790	BREAD MIX,GLUTEN FREE	16 OZ	\$5.15	4 @ \$18.54
050791	BREAD MIX,IRISH SODA	24 OZ	N/A	4 @ \$10.73
050794	BROWNIE MIX,GLUTEN FREE	21 OZ	\$6.69	4 @ \$24.08
078324	CORNMEAL MEDIUM GRIND	20 oz	\$2.79	4 @ \$10.04
050810	CORNMEAL,COARSE	24 OZ	N/A	4 @ \$8.35
050813	CORNMEAL,OG,MEDIUM	24 OZ	\$2.88	4 @ \$10.37
068318	CORNSTARCH	22 OZ	N/A	4 @ \$10.76
050830	FLOUR,BAKING,GLUTEN FREE	22 OZ	\$4.49	4 @ \$16.16

 To Order Call: 724.542.9745

Product availability and prices are subject to change without notice.

**BAKING, MIXES / FLOUR / MISC.****BOBS RED MILL (WF, GF Room)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
050840	FLOUR,BROWN RICE	24 OZ	\$3.55	4 @ \$12.78
050835	FLOUR,GARBANZO/FAVA,G/F	22 OZ	\$5.59	4 @ \$20.12
050838	FLOUR,MILLET	23 OZ	\$3.35	4 @ \$12.06
050848	FLOUR,OG,QUINOA	22 OZ	N/A	4 @ \$25.49
050861	FLOUR,POTATO	24 OZ	\$6.49	4 @ \$23.36
050862	FLOUR,SORGHUM,G/F	22 OZ	\$3.89	4 @ \$14.00
050863	FLOUR,SOY,STONE GROUND	16 OZ	\$2.69	4 @ \$9.68
050865	FLOUR,TAPIOCA	20 OZ	\$3.89	4 @ \$14.00
050866	FLOUR,TEFF	24 OZ	N/A	4 @ \$24.84
050868	FLOUR,WHITE RICE	24 OZ	\$3.45	4 @ \$12.42
078155	GF BREAD MIX, WHL GRAIN	20 oz	\$5.59	4 @ \$20.12
079200	GF CORNBREAD MIX	20 oz	\$3.45	4 @ \$12.42
050886	PANCAKE MIX, GLUTEN FREE	22 OZ	\$4.85	4 @ \$17.46
050890	POTATO STARCH	24 OZ	\$4.09	4 @ \$14.72
050901	XANTHAN GUM	8 OZ	\$12.89	6 @ \$69.61

**CAUSE YOURE SPECIAL (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
065030	CHOCOLATE CHIP COOKIE MIX	15.1 oz	\$6.99	6 @ \$37.75
065031	CHOCOLATE FUDGE BROWNIE MIX	18.3 oz	\$6.99	6 @ \$37.75
065034	CLASSIC MUFFIN-QUICKBREAD MIX	13.9 oz	\$5.74	6 @ \$31.00
065037	FAMOUS PIZZA CRUST MIX	7.8 oz	N/A	6 @ \$29.32
032333	GOLDEN POUND CAKE MIX	19.5 oz	\$6.46	6 @ \$34.88
032336	HEARTY BISCUIT MIX	18 oz	\$7.41	6 @ \$40.01
065036	HEARTY PANCAKE/WAFFLE MIX	39 oz	N/A	3 @ \$35.72
065038	HOMESTYLE PIE CRUST MIX	13 oz	\$6.20	6 @ \$33.48
065033	HOMESTYLE WHITE BREAD MIX	21 oz	N/A	6 @ \$38.23
032338	LEMON POPPY SEED MUFFIN MIX	14 oz	\$6.23	6 @ \$33.64
065029	MOIST LEMON CAKE MIX	14.8 oz	\$6.36	6 @ \$34.34
032337	MOIST YELLOW CAKE MIX	14.8 oz	\$6.39	6 @ \$34.51
065028	RICH CHOCOLATE CAKE MIX	14 oz	\$6.36	6 @ \$34.34
032332	SUGAR COOKIE MIX	12.7 oz	\$6.20	6 @ \$33.48
065032	TRADITIONAL FRENCH BREAD MIX	21 oz	N/A	6 @ \$38.23

**CHEBE (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
078331	ALL PURPOSE BREAD MIX, DAIRY FREE	7.5 oz	\$3.05	8 @ \$21.96
048615	BREAD MIX	7.5 oz	\$3.05	8 @ \$21.96
065273	* CINNAMON ROLLUPS MIX	7.5 oz	\$3.05	8 @ \$21.96
065274	* GARLIC BREADSTICK MIX	7.5 oz	\$3.05	8 @ \$21.96
065275	* PIZZA DOUGH MIX	7.5 oz	\$3.05	8 @ \$21.96

**DIETARY SPECIALITIES (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
078402	CHOCOLATE CAKE MIX	26.1 oz	\$7.25	6 @ \$39.15
078403	PANCAKE MIX	17.1 oz	\$6.42	6 @ \$34.67
078404	WHITE CAKE MIX	17.6 oz	\$7.25	6 @ \$39.15

**DOWD & ROGERS (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
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**BAKING, MIXES / FLOUR / MISC.****DOWD & ROGERS (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
032308	DARK VANILLA CAKE MIX	14 oz	\$5.88	12 @ \$63.50

**ENER-G (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
053166	EGG REPLACER,VEGAN	16 OZ	\$6.39	12 @ \$69.01
053169	FLOUR,TAPIOCA,WHEAT FREE	16 OZ	\$2.89	12 @ \$31.21

**ENJOY LIFE (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
066369	CHOCOLATE CHIPS, SEMI-SWEET, GF, DF	10 oz	\$3.75	12 @ \$40.50

**EQUAL EXCHANGE (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
053333	BAKING COCOA,OG	8 OZ	N/A	6 @ \$35.32

**FEARN (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
053716	BAKING MIX,BROWN RICE	16 OZ	\$2.79	12 @ \$30.13
053722	SOYA GRANULES	32 oz	N/A	12 @ \$50.00

**FEATHERWEIGHT (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
053725	BAKING POWDER,LOW SALT	8 OZ	\$5.29	12 @ \$57.13

**GLUTEN FREE PANTRY (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
078004	BAGEL, BREADSTICK. & PRETZEL MIX	16 oz	\$3.50	6 @ \$18.90
075289	BAKING FLR,BETH ALL PURP	16 OZ	\$4.19	6 @ \$22.63
075290	COFFEE CAKE MIX	21 OZ	N/A	6 @ \$25.87
066086	CRISP & CRUMBLE TOPPING MIX	12 oz	\$3.74	6 @ \$20.20
070853	LIGHT RYE-STYLE BREAD	22 oz	\$4.95	6 @ \$26.73
065226	SEMI-SWEET CHOCOLATE CHIPS	16 oz	\$4.25	6 @ \$22.95
054606	W/F CAKE & COOKIE MIX	15 OZ	\$4.55	6 @ \$24.57
054607	W/F CHOC CAKE MIX	15 OZ	\$4.55	6 @ \$24.57
054608	W/F CHOC CHIP COOKIE MIX	19 OZ	\$4.55	6 @ \$24.57
054609	W/F CHOC TRUFFLE BROWNIE	16 OZ	\$4.55	6 @ \$24.57
054610	W/F CORN BREAD & CAKE MIX	12 OZ	\$4.19	6 @ \$22.63
054611	W/F COUNTRY FRENCH BREAD	22 OZ	\$5.79	6 @ \$31.27
054612	W/F FAVORITE SANDWICH BRD	22 OZ	\$5.79	6 @ \$31.27
054613	W/F MUFFIN & SCONE MIX	15 OZ	\$4.55	6 @ \$24.57
054614	W/F PANCK MIX,BROWN RICE	16 OZ	\$5.29	6 @ \$28.57
054615	W/F PERFECT PIE CRUST	16 OZ	\$4.55	6 @ \$24.57
054617	W/F SPICE CAKE&GINGERBRD	14 OZ	\$4.75	6 @ \$25.65

**HOLGRAIN CRACKERS (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
055239	BREAD CRUMBS,BROWN RICE	4 OZ	N/A	12 @ \$35.21

**BAKING, MIXES / FLOUR / MISC.****KINNIKINNICK FOODS (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
078281	ALL PURPOSE CELIAC FLOUR	35.5	\$7.69	6 @ \$41.53
072286	GENERAL COATING MIX	18 oz	\$4.98	6 @ \$26.89
064962	GRAHAM STYLE CRACKER CRUMBS	11 oz	\$4.99	6 @ \$26.95
078391	PANCAKE & WAFFLE MIX, GF	23 OZ	\$6.25	6 @ \$33.75

**NAMASTE FOODS (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
078528	BREAD MIX, WF/GF	16 oz	\$5.58	6 @ \$30.13
079317	CAKE MIX, CHOCOLATE	26 oz	\$6.49	6 @ \$35.05
078556	CAKE MIX, SPICE/CARROT	26 oz	\$6.89	6 @ \$37.21
078557	CAKE MIX, VANILLA GF, DF	27 oz	\$6.49	6 @ \$35.05
078762	MUFFIN MIX, SUGAR FREE	14 oz	\$4.95	6 @ \$26.73
078763	PIZZA CRUST MIX, SUGAR FREE	25 oz	\$6.47	6 @ \$34.94

**ORGRAN (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
065229	APPLE & CINNAMON PANCAKE MIX	13.2 oz	\$4.86	8 @ \$34.99
078799	GFG GLUTEN FREE SUBSTITUTE	7 oz	\$4.62	8 @ \$33.26

**PAMELA (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
078188	AMAZING BREAD MIX	19 oz	\$5.99	6 @ \$32.35
060206	BROWNIE MIX, CHOC, WF/GF	16 OZ	\$6.49	6 @ \$35.05
078189	CAKE MIX, LUSCIOUS CHOCLTE	21 oz	\$6.05	6 @ \$32.67
078187	PANCAKE & BAKING MIX WF/GF LG.	4 lb	\$17.79	3 @ \$48.03
060219	PANCAKE&BAKING MIX, WF/GF	24 OZ	\$7.45	6 @ \$40.23

**RAPUNZEL (WF, GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
060865	COCOA POWDER, OG	7.1 OZ	N/A	6 @ \$32.72
060866	CORN STARCH, OG	8 OZ	N/A	6 @ \$18.58
060883	YEAST, OG, ACTIVE DRY, RIZE	.28 OZ	\$1.26	40 @ \$45.36

**REDSTAR (WF, GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
061049	BAKING YEAST PACKET/DSPLY	.75 OZ	N/A	18 @ \$33.05

**RUMFORD COMPANY (WF, GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
061261	BAKING POWDER	4 OZ	N/A	24 @ \$34.13
061262	BAKING PWDR (NO ALUMINUM)	10 OZ	N/A	12 @ \$28.08
078786	CORN STARCH	12 oz	N/A	1 @ \$1.84

**THE CRAVINGS PLACE (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
078777	ALL PURPOSE PANCAKE & WAFFLE MIX	23 oz	\$7.79	6 @ \$42.07
071387	CHOCOLATE CHUNK COOKIE MIX	23 oz	\$7.79	6 @ \$42.07
071390	CINNAMON CRUMBLE COFFEE CAKE MIX	23.5 oz	\$7.59	6 @ \$40.99
078789	CREATE YOUR OWN BREAD & MUFFIN MIX	16.5 oz	N/A	6 @ \$31.59

**To Order Call: 724.542.9745**

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**BAKING, MIXES / FLOUR / MISC.****THE CRAVINGS PLACE (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
078788	CREATE YOUR OWN CAKE & COOKIE MIX	19 oz	N/A	6 @ \$40.99
078166	DBLE CHOC CHUNK COOKIE MIX	22 oz	\$7.78	6 @ \$42.01
078787	DUTCH CHOCOLATE CAKE MIX	25 oz	N/A	6 @ \$35.75
078790	GRANDMA'S UNSWEETENED CORN BREAD MIX	19 oz	N/A	6 @ \$31.59
071389	OOEY GOOEY CHOC BROWNIE MIX	20.5 oz	\$7.78	6 @ \$42.01
071388	PEANUT BUTTER COOKIE MIX	20 oz	\$6.89	6 @ \$37.21
078167	RAISIN SPICE COOKIE MIX	19 oz	\$6.89	6 @ \$37.21

**BARS****ARICO (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
078455	COOKIE BAR, ALMOND CRANBRY	1.4 oz	\$1.95	12 @ \$21.06
078453	COOKIE BAR, CHOC. CHUNK	1.4 oz	\$1.95	12 @ \$21.06
078456	COOKIE BAR, DOUBLE CHOC	1.4 oz	\$1.95	12 @ \$21.06

**BOOMI BARS (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
065271	ALMOND PROTEIN BAR	1.9 oz	N/A	24 @ \$43.63
065272	HONEY CASHEW BITE	1.9 oz	N/A	24 @ \$43.63

**BUMBLE BAR (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
051334	ENERGY BAR,OG,CHAI	1.6 OZ	N/A	15 @ \$29.57
051335	ENERGY BAR,OG,CHOC CRISP	1.6 OZ	\$2.19	15 @ \$29.57
051336	ENERGY BAR,OG,LUSHUS LMN	1.6 OZ	N/A	15 @ \$29.57
051337	ENERGY BAR,OG,ORIG W/ALMD	1.6 OZ	\$2.25	15 @ \$30.38
051338	ENERGY BAR,OG,ORIGINAL	1.6 OZ	\$2.19	15 @ \$29.57
068536	ENERGY BAR,ORIG W/CASHEW	1.6 OZ	N/A	15 @ \$25.52
068537	ENERGY BAR,ORIG W/HZLNUT	1.6 OZ	N/A	15 @ \$30.92
068538	ENERGY BAR,ORIG W/MIX NUT	1.6 OZ	N/A	15 @ \$25.52

**CLIF BAR (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
051747	LUNA BAR,CHAI TEA	1.69 OZ	N/A	15 @ \$22.82
051748	LUNA BAR,CHOC PECAN PIE	1.69 OZ	N/A	15 @ \$22.82
051749	LUNA BAR,CHOC PEPRMNT STK	1.69 OZ	N/A	15 @ \$22.82
051750	LUNA BAR,CHY COVERED CHOC	1.69 OZ	N/A	15 @ \$22.82
051751	LUNA BAR,DULCE DE LECHE	1.69 OZ	N/A	15 @ \$22.82
051752	LUNA BAR,KEY LIME PIE	1.69 OZ	N/A	15 @ \$22.82
051753	LUNA BAR,LEMON ZEST	1.69 OZ	\$1.70	15 @ \$22.95
051754	LUNA BAR,NUTZ OVER CHOCLT	1.69 OZ	\$1.69	15 @ \$22.82
051755	LUNA BAR,ORANGE BLISS	1.69 OZ	N/A	15 @ \$22.82
051757	LUNA BAR,S'MORES	1.69 OZ	N/A	15 @ \$22.82
077760	NECTAR BAR,CRNBY/APRCT/AL	1.6 OZ	N/A	9 @ \$16.12
077762	NECTAR BAR,DK CHOC&WALNUT	1.6 OZ	\$1.79	9 @ \$14.50
077763	NECTAR BAR,LMN/VAN&CASHEW	1.6 OZ	N/A	9 @ \$16.12

**ENJOY LIFE (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
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 To Order Call: 724.542.9745

Product availability and prices are subject to change without notice.

**BARS****ENJOY LIFE (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
078171	SNACK BAR, VERY BERRY	5 oz	\$3.99	6 @ \$21.55
078169	SNACK BARS, CARAMEL APPLE	5 oz	\$3.99	6 @ \$21.55
078170	SNACK BARS, COCOA LOCO	5 oz	\$3.99	6 @ \$21.55

**ENVIRO KIDZ (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
053214	CRISPY BAR,OG,CHEETAH BRY	6 OZ	\$4.19	6 @ \$22.63
053216	CRISPY BAR,OG,KOALA CHOC	6 OZ	\$4.19	6 @ \$22.63
053218	CRISPY BAR,OG,PANDA P BTR	6 OZ	\$4.19	6 @ \$22.63

**NUTIVA (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
059773	BAR,OG,FLAX AND RAISIN	1.4 OZ	N/A	24 @ \$48.17
059774	BAR,OG,ORIGINAL HEMPSEED	1.4 OZ	N/A	24 @ \$48.17

**ORGRAN (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
048619	FRUIT FILLED APRICOT BARS	1.7 oz	N/A	20 @ \$35.10
048620	FRUIT FILLED BLUEBERRY BARS	1.7 oz	N/A	20 @ \$35.10

**BEVERAGE, COFFEE / SUBS. / MISC. MIX****GHIRARDELLI CHOCOLATE CO (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
054491	HOT CHOCOLATE,DBL CHOC	16 OZ	\$5.50	8 @ \$39.60

**BEVERAGE, NON-DAIRY****BLUE DIAMOND GROWERS (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
050744	ALMOND BREEZE,CHOCOLATE	32 OZ	N/A	12 @ \$32.18
050745	ALMOND BREEZE,ORIGINAL	32 OZ	\$2.69	12 @ \$29.05
050746	ALMOND BREEZE,VANILLA	32 OZ	N/A	12 @ \$29.05

**CANNED, FISH / BEANS / MISC.GOODS****EDEN (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
052917	BEANS,OG,BLACK SOY	15 OZ	\$1.99	12 @ \$21.49
052918	BEANS,OG,BLACK,CAN	15 OZ	\$1.99	12 @ \$21.49
052923	BEANS,OG,GARBANZOS,CAN	15 OZ	\$1.99	12 @ \$21.49
052924	BEANS,OG,KIDNEY,CAN	15 OZ	\$2.29	12 @ \$24.73
052927	BEANS,OG,PINTO,CAN	15 OZ	\$1.99	12 @ \$21.49
071641	WHITE KIDNEY BEANS	15 oz	\$1.99	12 @ \$21.49

**CEREAL, DRY****ARROWHEAD MILLS (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
049269	CEREAL,PUFFED BROWN RICE	6 OZ	\$1.99	12 @ \$21.49

To Order Call: 724.542.9745

Product availability and prices are subject to change without notice.

**CEREAL, DRY****ARROWHEAD MILLS (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
049270	CEREAL,PUFFED CORN	6 OZ	N/A	12 @ \$17.06
049271	CEREAL,PUFFED MILLET	6 OZ	N/A	12 @ \$18.25
049273	CEREAL,RICE FLAKES SWTND	12 OZ	\$4.10	12 @ \$44.28
079166	FLAKES,OG MPL BUCKWHEAT	12 oz	\$4.85	12 @ \$52.38

**BAKERY ON MAIN (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
078351	GRANOLA - APPLE,RAISIN, WALNUT	12 oz	\$6.15	6 @ \$33.21
078353	GRANOLA - EXTREME FRUIT & NUT	12 oz	\$6.15	6 @ \$33.21
078352	GRANOLA - NUTTY MAPLE CRANBERRY	12 oz	\$6.71	6 @ \$36.23

**BARBARAS BAKERY (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
050370	BROWN RICE CRISPS,JCE SWT	11 OZ	\$4.66	12 @ \$50.33
050379	CORN FLAKES,JUICE SWTND	9 OZ	\$4.66	12 @ \$50.33
050414	PUFFINS HONEY RICE	12 OZ	\$4.85	12 @ \$52.38

**ENJOY LIFE (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
065067	GRANOLA, CINNAMON CRUNCH	14.6 oz	N/A	6 @ \$28.62
065068	GRANOLA, VERY BERRY	14.6 oz	N/A	6 @ \$27.54
077959	GRANOLA,CRANAPPLE CRUNCH	12.8 OZ	N/A	6 @ \$26.14

**ENVIRO KIDZ (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
053211	AMAZON FROSTED FLAKES,OG	14 OZ	N/A	12 @ \$47.30
079222	CEREAL,OG, LEAPIN LEMURS	10 oz	\$4.95	12 @ \$53.46
053220	GORILLA MUNCH,OG	10 OZ	\$4.95	12 @ \$53.46
053221	KOALA CRISP,OG	11.5 OZ	\$4.95	12 @ \$53.46
053222	ORANGUTAN-O'S,OG	13.25 OZ	N/A	12 @ \$47.30
053223	PANDA PUFFS,OG	10.6 OZ	\$4.95	12 @ \$53.46

**EREWHON/U.S. MILLS (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
053352	CEREAL,OG,CORN FLAKES	11 OZ	N/A	12 @ \$47.30
053353	CEREAL,OG,CRSPY BRN RC,GF	10 OZ	\$4.65	12 @ \$50.22
053355	CEREAL,OG,CRSPY BRN W/BRY	10 OZ	\$4.95	12 @ \$53.46
053356	CEREAL,OG,CRSPY BRWN RICE	10 OZ	N/A	12 @ \$42.23
053358	CEREAL,OG,RICE TWICE	10 OZ	\$4.65	12 @ \$50.22

**HEALTH VALLEY (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
055556	CEREAL,RICE CRUNCH-EM'S	14.25 OZ	\$5.09	14 @ \$64.13

**NATURES PATH (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
058672	CEREAL,OG,CORN FLAKES,FJS	10.6 OZ	N/A	12 @ \$53.46
058673	CEREAL,OG,CRN FLK,FJS,BAG	26.4 OZ	\$8.75	6 @ \$47.25
058682	CEREAL,OG,HONEY'D CRN FLK	26.4 OZ	N/A	6 @ \$47.25

 To Order Call: 724.542.9745

Product availability and prices are subject to change without notice.

**CEREAL, DRY****NATURES PATH (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
058681	CEREAL,OG,HONEY'D CRN FLK	10.6 OZ	\$4.95	12 @ \$53.46
058685	CEREAL,OG,MESA SUNRISE FL	26.4 OZ	\$8.75	6 @ \$47.25
058689	CEREAL,OG,PUFFED CORN	6 OZ	N/A	12 @ \$21.06
058690	CEREAL,OG,PUFFED KAMUT	6 OZ	N/A	12 @ \$21.06
058691	CEREAL,OG,PUFFED MILLET	6 OZ	N/A	12 @ \$26.46
058692	CEREAL,OG,PUFFED RICE	6 OZ	N/A	12 @ \$21.06

**NEW MORNING (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
059806	CEREAL,OG,COCOA CRSPY RCE	10 OZ	\$4.69	12 @ \$50.65

**CEREAL, HOT****ARROWHEAD MILLS (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
049265	CEREAL,OG,RICE & SHINE	24 OZ	N/A	12 @ \$42.23
049267	CEREAL,OG,SEVEN GRAIN,W/F	24 OZ	N/A	12 @ \$42.23

**BARKAT (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
065024	PORRIDGE FLAKES	17.5 oz	N/A	6 @ \$35.96

**BOBS RED MILL (WF, GF Room)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
065375	CEREAL,OG,BRN RICE FARINA	26 OZ	N/A	4 @ \$21.06
050816	FARINA,BROWN RICE	26 OZ	\$4.29	4 @ \$15.44
071340	HOT CEREAL,BUCKWHEAT	18 OZ	N/A	4 @ \$19.12
050872	HOT CEREAL,GLUTEN FREE	24 OZ	\$3.89	4 @ \$14.00
079217	OATS, STEEL CUT, GF	24 oz	\$5.95	4 @ \$21.42

**EREWON/U.S. MILLS (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
053362	HOT CEREAL,OG,BR RICE CRM	16 OZ	N/A	12 @ \$39.20

**LUNDBERG (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
057173	CRMY RICE CEREAL,PURE OG	10 OZ	N/A	12 @ \$42.23

**MCCANNS (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
057540	IRISH OATMEAL,BOX	16 OZ	\$3.63	12 @ \$39.20
057541	IRISH OATMEAL,QUICK COOK	16 OZ	\$4.69	12 @ \$50.65
073313	IRISH OATMEAL,QUICK&EASY	16 OZ	\$3.63	12 @ \$39.20
057542	IRISH OATMEAL,TIN	28 OZ	N/A	12 @ \$80.57

**POCONO (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
060424	CEREAL,OG,CRM OF BUCKWHT	13 OZ	N/A	12 @ \$33.16

**CONDIMENTS****ANNIES NATURALS (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
066434	MUSTARD,OG,DIJON	9 OZ	N/A	12 @ \$39.42
049610	MUSTARD,OG,HONEY	9 OZ	N/A	12 @ \$34.13
049611	MUSTARD,OG,HORSERADISH	9 OZ	N/A	12 @ \$34.13
066435	MUSTARD,OG,YELLOW	9 OZ	N/A	12 @ \$34.13

**BRAGGS (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
050988	APL CIDR VINGR,OG,RAW,UNF	16 OZ	\$3.69	12 @ \$39.85

**ORGANICVILLE (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
079167	KETCHUP, OG GF	24 oz	\$5.59	12 @ \$60.37

**THE WIZARDS (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
064524	WIZARD'S HOT STUFF	5 OZ	N/A	12 @ \$33.16

**WESTBRAE FOODS (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
064261	CATSUP FRUIT SWEETENED	14 OZ	N/A	12 @ \$29.16

**COOKIES****BARKAT (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
078755	CHOCOLATE CREAM FILLED WAFER	3.5 oz	\$2.99	6 @ \$16.15
078638	LEMON CREAM FILLED WAFERS	3.5 oz	\$2.99	6 @ \$16.15
078518	VANILLA CREAM FILLED WAFERS	3.5 oz	\$2.99	6 @ \$16.15

**ENJOY LIFE (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
053188	COOKIE,DOUBLE CHOCOLATE	6 OZ	\$3.99	6 @ \$21.55
053189	COOKIE,GINGER SPICE	6 OZ	\$3.99	6 @ \$21.55
053190	COOKIE,NO OATS OATMEAL	6 OZ	\$3.99	6 @ \$21.55
077960	COOKIE,SNICKERDOODLE	6 OZ	\$3.99	6 @ \$21.55
065060	COOKIES,CHEWY CHOCOLATE CHIP	6 oz	\$4.26	6 @ \$23.00

**ENVIRO KIDZ (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
068638	ANIMAL COOKIES,OG,VAN,G/F	9 OZ	\$3.99	12 @ \$43.09

**GLUTINO (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
065441	COOKIES,CHOCOLATE DREAMS	4.4 OZ	N/A	12 @ \$49.25
065438	COOKIES,SHORTCAKE DREAMS	4.4 OZ	N/A	12 @ \$49.25
065440	COOKIES,VANILLA DREAMS	4.4 OZ	N/A	12 @ \$49.25
065439	COOKIES,ZEBRA DREAMS	4.4 OZ	N/A	12 @ \$49.25

**COOKIES****JOSEFS (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
078083	COOKIES, SUGAR	6 oz	N/A	12 @ \$55.62
078081	COOKIES, VANILLA WITH CHOCOLATE	6 oz	N/A	12 @ \$66.53
078597	LINZER COOKIES VANILLA/RASPBERRY	6 oz	N/A	12 @ \$66.53

**KINNIKINNICK FOODS (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
078358	COOKIES, CHOCOLATE CHIP, GF	8.0 oz	N/A	6 @ \$23.71
078783	KINNIKRITTERS	8 oz	\$3.72	6 @ \$20.09
078773	KINNITOOS, CHOC SNDWCH CRM	8 OZ	\$5.04	6 @ \$27.22
078774	KINNITOOS, VAN SNDWCH CRM	8 OZ	\$5.04	6 @ \$27.22

**MI DEL (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
078772	CINNAMON SNAPS, GF	8 OZ	\$3.69	12 @ \$39.85
078657	COOKIE, DBL CHOCO SANDWICH	8 oz	\$2.98	12 @ \$32.18
057602	COOKIES,G/F,ARROW ANIMAL	8 OZ	\$3.69	12 @ \$39.85
057603	COOKIES,G/F,MINI CHOC CHP	8 OZ	\$3.69	12 @ \$39.85
057604	COOKIES,G/F,MINI PECAN	8 OZ	\$3.69	12 @ \$39.85
057605	COOKIES,W/F,CHOC SANDWICH	8 OZ	\$3.75	12 @ \$40.50
078442	G/F VANILLA SANDWICH	8 oz	\$3.75	12 @ \$40.50
057607	GINGER SNAPS,G/F	8 OZ	\$3.69	12 @ \$39.85

**NANAS COOKIE (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
079196	COOKIE BAR, BERRY VANILLA	6.17 oz	\$4.19	8 @ \$30.17
079197	COOKIE BARS, NANA BANANA	6.17 oz	\$4.19	8 @ \$30.17

**PAMELA (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
060203	BISCOTTI,ALMD ANISE,WF/GF	6OZ	\$4.79	8 @ \$34.49
060204	BISCOTTI,CHOC WALNT,WF/GF	6 OZ	\$4.79	8 @ \$34.49
060205	BISCOTTI,LMN ALMND,WF/GF	6 OZ	\$4.79	8 @ \$34.49
060208	COOKIES,CHNKY CHOC CHP,WF	7.3 OZ	N/A	6 @ \$22.09
060209	COOKIES,CHOC CHIP WLNT,WF	7.3 OZ	N/A	6 @ \$21.11
060210	COOKIES,GINGER,WF/GFWALM	7.25 OZ	N/A	6 @ \$21.11
060211	COOKIES,OAT/RSN/WALNUT,WF	7.25 OZ	N/A	6 @ \$21.11
060213	COOKIES,OG,CHOC CHNK PECAN	5.3 OZ	N/A	6 @ \$21.11
060214	COOKIES,OG,DK CHOC CHUNK	5.3 OZ	N/A	6 @ \$21.11
060215	COOKIES,OG,ESPR CHOC CHNK	5.3 OZ	N/A	6 @ \$21.11
060217	COOKIES,OG,SPICY GINGER	5.3 OZ	N/A	6 @ \$21.11
060218	COOKIES,PNUT BUTTER,WF/GF	7.3 OZ	\$3.91	6 @ \$21.11
060220	SHORTBREAD,BUTTER,WF/GF	7.3 OZ	\$4.09	6 @ \$22.09
060221	SHORTBREAD,LEMON,WF/GF	7.3 OZ	\$4.09	6 @ \$22.09
060222	SHORTBREAD,PECAN,WF/GF	7.3 OZ	\$4.09	6 @ \$22.09
060223	SHORTBREAD,SWIRL(VN&CH)WF	7.3 OZ	\$4.09	6 @ \$22.09
079171	SIMPLEBITES, EXT. CHOC MINI, GF	7 oz	\$3.69	6 @ \$19.93

**CRACKERS**

**CRACKERS****BLUE DIAMOND GROWERS (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
050750	THIN CRACKERS,ALMOND NUT	4.3 OZ	\$2.99	12 @ \$32.29
050751	THIN CRACKERS,HAZELNUT	4.3 OZ	\$2.99	12 @ \$32.29
050752	THIN CRACKERS,PECAN NUT	4.3 OZ	\$2.99	12 @ \$32.29
050753	THIN CRACKERS,SMOKEHOUSE	4.3 OZ	N/A	12 @ \$29.16

**EDWARD & SONS (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
053054	BROWN RCE SNAPS,OG,CHEDDR	3.5 OZ	\$3.75	12 @ \$40.50
053055	BROWN RCE SNAPS,OG,ONION	3.5 OZ	\$3.75	12 @ \$40.50
053056	BROWN RCE SNAPS,OG,PLN,NS	3.5 OZ	\$3.75	12 @ \$40.50
053057	BROWN RCE SNAPS,OG,VEGTBL	3.5 OZ	\$3.54	12 @ \$38.23
053063	F FAT FREE SNAPS,ONION/GARL	3.5 OZ	N/A	12 @ \$36.18
053064	F FAT FREE SNAPS,SESAME,N/S	3.5 OZ	N/A	12 @ \$36.18
053065	F FAT FREE SNAPS,TAMARI/SES	3.5 OZ	N/A	12 @ \$36.18
053066	F FAT FREE SNAPS,TAMARI/SWD	3.5 OZ	N/A	12 @ \$36.18

**ENER-G (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
048616	CINNAMON CRACKERS	5.9 oz	\$6.99	6 @ \$37.75
065748	COMMUNION WAFERS	1.41 oz	\$7.99	6 @ \$43.15
053164	CRACKERS,GOURMET	7 OZ	\$4.45	24 @ \$96.12
048617	SEATTLE CRACKERS	5.9 oz	N/A	6 @ \$21.33

**HEALTH VALLEY (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
055594	CRACKER,OG,ORIG RICE BRN	7.5 OZ	\$3.99	6 @ \$21.55

**HOLGRAIN CRACKERS (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
055240	CRACKERS,RICE,ONION&GRLC	4.5 OZ	N/A	12 @ \$39.20
055241	CRACKERS,RICE,SALTED	4.5 OZ	N/A	12 @ \$39.20
055242	RICE THINS,NO SALT	4.5 OZ	N/A	12 @ \$39.20

**KINNIKINNICK FOODS (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
079248	CRACKER, S'MOREABLE GRAHAM	8 oz	\$4.65	6 @ \$25.11

**MARYS GONE CRACKERS (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
078653	CRACKERS BLACK PEPPER	6.5 oz	\$4.19	12 @ \$45.25
078654	CRACKERS CARAWAY	6.5 oz	\$4.19	12 @ \$45.25
078655	CRACKERS ORIGINAL	6.5 oz	\$4.19	12 @ \$45.25

**SAN J (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
061272	BR RICE CRACKERS,BL SESAM	3.7 OZ	N/A	12 @ \$39.20
061273	BR RICE CRACKERS,SESAME	3.7 OZ	N/A	12 @ \$39.20
061274	BR RICE CRACKERS,TAMARI	2.8 OZ	N/A	12 @ \$39.20

**DRIED FRUIT, BULK****EDEN (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
078649	DRIED BLUEBERRIES	4 oz	\$7.36	15 @ \$99.36

**HARVEST BAY (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
054944	TENDERFRUIT,ORCHARD FRUIT	8 OZ	\$3.79	12 @ \$40.93
054947	TENDERFRUIT,TROPICAL FRT	8 OZ	\$3.79	12 @ \$40.93

**SENSIBLE FOODS (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
078596	APPLE HARVEST	.75 oz	\$2.05	12 @ \$22.14
078536	CHERRY BERRY	.75 oz	\$2.60	12 @ \$28.08
078537	SWEET CORN	.75 oz	\$1.86	12 @ \$20.09

**ENTRES, MAIN DISH / MIXES****BARBARAS BAKERY (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
050405	MASHED POTATOES	8 OZ	N/A	12 @ \$25.06

**BARKAT (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
065022	MEXICAN RICE POT MEAL	2.8 OZ	N/A	6 @ \$18.90
065023	RICE & TOMATO POT MEAL	2.5 oz	N/A	6 @ \$18.90

**FANTASTIC (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
053619	HUMMUS GARBANZO BEANS	6 OZ	N/A	12 @ \$24.08
053622	INSTANT BLACK BEANS	7 OZ	N/A	12 @ \$24.08
053623	INSTANT REFRIED BEANS	7 OZ	N/A	12 @ \$24.08

**FOOD MERCHANTS (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
053792	POLENTA,OG,BASIL/GARLIC	18 OZ	N/A	12 @ \$34.13
053793	POLENTA,OG,SUN DRY TOMATO	18 OZ	N/A	12 @ \$34.13
053794	POLENTA,OG,TRADITIONAL	18 OZ	N/A	12 @ \$34.13

**GLUTEN FREE PANTRY (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
054601	PIZZA CRUST	5.3 OZ	N/A	6 @ \$22.09

**LUNDBERG (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
078602	RISOTTO ALFREDO PARMESAN CHEESE	5.5 oz	\$3.19	1 @ \$2.87
078603	RISOTTO FLORENTINE SPINACH MUSHROOM	5.75 oz	\$3.19	1 @ \$2.87
078604	RISOTTO TUSCAN TOMATO GARLIC ONION	5.75 oz	\$3.19	1 @ \$2.87

**MY OWN MEALS (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
000029	BEEF STEW	10 oz	\$4.25	12 @ \$45.90

 To Order Call: 724.542.9745

Product availability and prices are subject to change without notice.

**ENTRES, MAIN DISH / MIXES****MY OWN MEALS (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
000034	MY KIND OF CHICKEN	10 oz	\$4.25	12 @ \$45.90
000030	OLD WORLD STEW	10 oz	\$4.25	12 @ \$45.90

**ORGRAN (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
065225	SPAGHETTI, CANNED IN SAUCE	7.7 oz	\$3.09	12 @ \$33.37

**PASTARISO (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
048601	RICE MACARONI & WHITE CHEESE	6.8 oz	\$2.79	12 @ \$30.13
048602	RICE MACARONI & YELLOW CHEESE	6.8 oz	\$2.79	12 @ \$30.13
048600	RICE MINI SPAGHETTI & WHITE CHEESE	6.8 oz	\$2.79	12 @ \$30.13

**ROADS END ORGANICS (WF, GF Room)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
061013	MAC&CHREESE,OG,GF,ALFR,DF	6 OZ	\$2.04	12 @ \$22.03
061015	PENNE&CHREESE,OG,BR,GF,DF	6 OZ	\$2.79	12 @ \$30.13

**FLOURS/SWEETENERS/BAKING SUPPLIES****ANCIENT HARVEST (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
079188	QUINOA, OG, FLOUR	18 oz	\$5.89	12 @ \$63.61

**BOBS RED MILL (WF, GF Room)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
079319	FLOUR, OG, COCONUT	16 oz	\$7.65	4 @ \$27.54

**FOOD SUPPLEMENTS****DOUGLAS LABORATORIES (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
079192	CITRUS-Q10 100MG	60 Tab	\$43.90	1 @ \$39.51

**FROZEN ENTREES / PASTA / PIZZA / VEGGIE****AMYS (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
079223	SS PIZZA, OG, RSTD VEG	6.2 oz	\$5.69	12 @ \$61.45

**GILLIANS FOODS (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
079268	PIZZA CRUST, 8 " WF/GF	4.5 oz	\$4.39	12 @ \$47.41

**ORGRAN (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
079170	SPAGHETTI W/TOM BASIL SAUCE	14 oz	\$3.75	12 @ \$40.50

**GRAINS**

To Order Call: 724.542.9745

Product availability and prices are subject to change without notice.

**GRAINS****ANCIENT HARVEST (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
064998	QUINOA FLAKES	12 oz	N/A	12 @ \$42.01

**ARROWHEAD MILLS (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
049235	AMARANTH,OG	16 oz	N/A	12 @ \$37.15
049246	BUCKWHEAT GROATS,OG	24 OZ	N/A	12 @ \$62.42
049293	FLAX SEED,OG	16 oz	\$2.99	12 @ \$32.29
049294	FLAX SEED,OG,GOLDEN	14 OZ	\$2.99	12 @ \$32.29
049324	LENTILS,OG,RED	16 oz	\$3.69	12 @ \$39.85
049325	MILLET,OG,HULLED	28 OZ	N/A	12 @ \$34.13

**BOBS RED MILL (WF, GF Room)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
050807	CORN GRITS/POLENTA	24 OZ	\$2.42	4 @ \$8.71
050819	FLAXSEED MEAL	16 OZ	\$3.75	4 @ \$13.50
050820	FLAXSEED MEAL	32 OZ	\$4.56	4 @ \$16.42
050897	TEXTURIZED VEG PROTEIN	10 OZ	\$2.79	4 @ \$10.04

**LUNDBERG (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
057160	BR RICE BLEND,COUNTRYWILD	16 oz	\$3.69	12 @ \$39.85
057236	RICE,OG,LONG BROWN	32 oz	\$4.49	12 @ \$48.49
057250	RICE,OG,WILD BLEND	16 oz	\$3.26	12 @ \$35.21
057252	RICE,WEHANI AROMATIC,BRWN	16 oz	\$3.69	12 @ \$39.85

**PASTA****ANCIENT HARVEST (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
064999	QUINOA ELBOWS	8 oz	\$3.05	12 @ \$32.94
065000	QUINOA LINGUINE	8 oz	\$3.29	12 @ \$35.53
065001	QUINOA SHELLS	8 oz	N/A	12 @ \$35.53
065002	QUINOA SPAGHETTI	8 oz	N/A	12 @ \$35.53
065267	QUINOA, OG, INCA RED	12 oz	\$4.89	12 @ \$52.81
078725	WHT FREE LINGUINE	8 oz	\$2.79	12 @ \$30.13
079163	WHT FREE SPAGHETTI	8 oz	\$2.79	12 @ \$30.13

**BARKAT (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
079374	TAGLIETELLE PASTA	17.6 oz	\$6.40	12 @ \$69.12

**BIO NATURE (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
050657	PASTA,OG,ELBOWS,G/F	12 OZ	N/A	12 @ \$50.65
050661	PASTA,OG,FUSILLI,G/F	12 OZ	N/A	12 @ \$50.65
050668	PASTA,OG,PENNE RIGATE,G/F	12 OZ	N/A	12 @ \$50.65
050674	PASTA,OG,SPAGHETTI,G/F	12 OZ	N/A	12 @ \$50.65

**PASTA****DEBOLES (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
079198	MULTI GRAIN, GF, PENNE	8 oz	\$2.79	12 @ \$30.13
079199	MULTI GRAIN, GF, SPAGHETTI	8 oz	\$2.79	12 @ \$30.13
052254	RICE ANGEL HAIR	8 OZ	N/A	12 @ \$30.13
052255	RICE FETTUCCINE	8 OZ	\$2.79	12 @ \$30.13
052256	RICE NO BOIL LASAGNA	10 OZ	\$3.29	12 @ \$35.53
052258	RICE PENNE	8 OZ	N/A	12 @ \$30.13
052260	RICE SPAGHETTI	8 OZ	N/A	12 @ \$30.13
052261	RICE SPIRALS	8 OZ	\$2.79	12 @ \$30.13

**ENER-G (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
078016	ENER-G RICE SPAGHETTI	16 oz	\$4.19	24 @ \$90.50

**GLUTINO (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
054620	BROWN RICE FUSILLI	10 OZ	N/A	8 @ \$23.40
054623	BROWN RICE SPAGHETTI	10 OZ	N/A	8 @ \$23.40

**LUNDBERG (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
057167	BRN RICE PASTA,OG,PENNE	12 OZ	N/A	12 @ \$40.50
057168	BRN RICE PASTA,OG,ROTINI	10 OZ	N/A	12 @ \$40.50
057169	BRN RICE PASTA,OG,SPAGHTI	10 OZ	N/A	12 @ \$40.50

**MRS LEEPERS (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
067503	BROWN RICE,OG,SPAGHTI,WF	12 OZ	N/A	12 @ \$37.26
057819	BRWN RICE VEG TWIST,OG,WF	12 OZ	N/A	12 @ \$37.26
067505	CORN ELBOWS,OG,WHEAT FREE	12 OZ	N/A	12 @ \$37.26
057820	CORN SPAGHETTI,OG,WF	12 OZ	N/A	12 @ \$37.26
065498	RICE ALPHABETS PASTA,OG	12 OZ	N/A	12 @ \$39.10
065499	RICE SHAPES FOR KIDS,OG	12 OZ	N/A	12 @ \$37.15

**PASTARISO (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
071661	BROWN RICE ANGEL HAIR	8 oz	N/A	12 @ \$27.54
071662	BROWN RICE ELBOWS	8 oz	N/A	12 @ \$27.54
070884	BROWN RICE LASAGNA	8 oz	N/A	12 @ \$36.61
071664	BROWN RICE PENNE	10 oz	N/A	12 @ \$29.05
071665	BROWN RICE SPAGHETTI	10 oz	N/A	12 @ \$30.13

**TINKYADA (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
063127	PASTA,ELBOWS,BROWN RICE	16 OZ	\$3.45	12 @ \$37.26
063128	PASTA,FETTUCINI,BRN RICE	14 OZ	\$3.45	12 @ \$37.26
063129	PASTA,FUSILLI,BRN RICE	16 OZ	\$3.45	12 @ \$37.26
071205	PASTA,GRAND SHELL,BRN RCE	8 OZ	\$3.07	12 @ \$33.16
063130	PASTA,LASAGNA,BRN RICE	10 OZ	\$3.72	12 @ \$40.18
071206	PASTA,LITTLE DREAMS,BR RC	14 OZ	\$3.45	12 @ \$37.26

 To Order Call: 724.542.9745

Product availability and prices are subject to change without notice.

**PASTA****TINKYADA (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
063131	PASTA,OG,ELBOWS,BROWN RCE	12 OZ	\$3.79	12 @ \$40.93
063132	PASTA,OG,LASAGNA,BROWN RC	10 OZ	\$4.10	12 @ \$44.28
063133	PASTA,OG,PENNE,BRN RICE	12 OZ	\$3.79	12 @ \$40.93
063134	PASTA,OG,SPAG,BRN RICE	12 OZ	\$3.79	12 @ \$40.93
063135	PASTA,OG,SPIRAL,BRN RICE	12 OZ	\$3.79	12 @ \$40.93
063136	PASTA,PENNE,BROWN RICE	16 OZ	\$3.45	12 @ \$37.26
063137	PASTA,SHELLS,BROWN RICE	16 OZ	\$3.45	12 @ \$37.26
063138	PASTA,SPAG,SPINACH & RC	12 OZ	\$3.89	12 @ \$42.01
063139	PASTA,SPAGHETTI,BRN RICE	16 OZ	\$3.45	12 @ \$37.26
063140	PASTA,SPAGHETTI,WHITE RCE	16 OZ	\$3.45	12 @ \$37.26
063141	PASTA,SPIRAL,VEG,BRN RC	12 OZ	\$3.89	12 @ \$42.01
063142	PASTA,SPIRALS,BRN RICE	16 OZ	\$3.45	12 @ \$37.26

**RICE CAKES****HAINS (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
054838	MINI RICE SNK,APPLE-CINN	3.2 OZ	N/A	12 @ \$27.97

**LUNDBERG (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
057193	POPCORN RICE CAKES,OG,SLT	8.5 OZ	\$3.49	12 @ \$37.69
057196	RICE CAKES,APPLE CINNAMON	9.5 OZ	\$2.98	12 @ \$32.18
057197	RICE CAKES,BROWN,N/S	8.5 OZ	\$2.98	12 @ \$32.18
057198	RICE CAKES,BROWN,SALT	8.5 OZ	N/A	12 @ \$32.18
057199	RICE CAKES,BUTTERY CARAML	9.5 OZ	\$2.98	12 @ \$32.18
057200	RICE CAKES,HONEY NUT	9.5 OZ	N/A	12 @ \$32.18
057201	RICE CAKES,SESAME TAMARI	9 OZ	N/A	12 @ \$32.18
057202	RICE CAKES,TOASTED SESAME	9 OZ	N/A	12 @ \$32.18
057207	RICE CK,OG,BROWN,NS	8.5 OZ	N/A	12 @ \$38.34
057208	RICE CK,OG,BROWN,SALT	8.5 OZ	N/A	12 @ \$38.34
077272	RICE CK,OG,CARAMEL CORN	9.4 OZ	\$3.55	12 @ \$38.34
077273	RICE CK,OG,CINNAMON TOAST	9.5 OZ	\$3.55	12 @ \$38.34
057209	RICE CK,OG,KOKU SEAWEED	9.5 OZ	N/A	12 @ \$38.34
057211	RICE CK,OG,MOCHI SWT,SALT	8 OZ	N/A	12 @ \$38.34
057212	RICE CK,OG,SESAME TAMARI	9 OZ	N/A	12 @ \$38.34
057213	RICE CK,OG,TAMARI/SEAWEED	8.5 OZ	N/A	12 @ \$38.34
057214	RICE CK,OG,WILD,SALTED	8.5 OZ	N/A	12 @ \$38.34

**SALAD DRESSINGS****ANNIES NATURALS (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
049589	DRESSING,CAESAR	8 OZ	N/A	6 @ \$23.71
049591	DRESSING,COW GIRL RANCH	8 OZ	\$3.75	6 @ \$20.25
049593	DRESSING,FRENCH, OG	8 OZ	\$4.39	6 @ \$23.71
049599	DRESSING,OG,GREEN GODDESS	8 OZ	N/A	6 @ \$23.71
049602	DRESSING,OG,THOUSAND ISLD	8 OZ	N/A	6 @ \$23.71
049628	VINGRT,BALSAMIC	8 OZ	\$3.75	6 @ \$20.25
049633	VINGRT,HONEY MUSTARD,LF	8 OZ	N/A	6 @ \$20.25

**To Order Call: 724.542.9745**

**Product availability and prices are subject to change without notice.**

**SALAD DRESSINGS****ANNIES NATURALS (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
049636	VINGRT,OG,RED WINE&OLIVE	8 OZ	N/A	6 @ \$23.71
049639	VINGRT,RASPBERRY,LF	8 OZ	\$3.75	6 @ \$20.25
049638	VINGRT,RASPBERRY,LF	16 OZ	N/A	6 @ \$33.75
049640	VINGRT,ROASTED RED PEPPER	8 OZ	N/A	6 @ \$20.25
049644	VINGRT,TUSCANY ITALIAN	8 OZ	N/A	6 @ \$20.25

**SEASONING MIXES****BOBS RED MILL (WF, GF Room)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
050891	SEA SALT	32 OZ	N/A	4 @ \$10.76

**HAINS (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
054869	SEA SALT PLAIN	26 OZ	\$2.35	24 @ \$50.76

**SNACKS, MISC.****BARBARAS BAKERY (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
050374	CHEESE PUFF BAKES	5.5 OZ	N/A	12 @ \$30.78
050375	CHEESE PUFF BAKES,WHT CHD	5.5 OZ	N/A	12 @ \$30.78
050376	CHEESE PUFFS,JALAPENO	7 OZ	N/A	12 @ \$30.78
050377	CHEESE PUFFS,NATURAL	7 OZ	N/A	12 @ \$30.78

**BARKAT (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
065046	* ICE CREAM CONES	4.2 oz	\$9.37	6 @ \$50.60

**ENER-G (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
053165	CRISP PRETZELS,WHEAT FREE	2.7 OZ	\$2.05	20 @ \$36.90
053179	PRETZELS,WF/GF,SESAME	2.65 OZ	\$2.19	20 @ \$39.42
075170	PRETZELS,WYLDE,POATO&RICE	4 OZ	\$2.05	24 @ \$44.28
075171	PRETZELS,WYLDE,POATO&RICE	8 OZ	N/A	12 @ \$42.66
067793	SESAME PRETZEL RINGS	6.25 oz	\$1.79	20 @ \$32.22

**GARDEN OF EATIN (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
054317	CHIPS,OG,BLACK BEAN CHILI	7.5 OZ	\$3.55	12 @ \$38.34
054320	CHIPS,OG,BLUE CORN	9 OZ	\$3.55	12 @ \$38.34
054323	CHIPS,OG,BLUE CORN,REDHOT	9 OZ	\$3.55	12 @ \$38.34
054326	CHIPS,OG,BLUE CORN,SESAME	7.5 OZ	\$3.55	12 @ \$38.34
054335	CHIPS,OG,LITTLE SOY BLUES	7.5 OZ	N/A	12 @ \$38.34
054340	CHIPS,OG,PICO DE GALLO	9 OZ	\$3.55	12 @ \$38.34

**GLENNYS (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
054573	SOY CRISP,APPLE CINNAMON	1.3 OZ	N/A	24 @ \$32.18

 To Order Call: 724.542.9745

Product availability and prices are subject to change without notice.

**SNACKS, MISC.****GLENNYS (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
054577	SOY CRISP,CHEDDAR W/CAL	1.3 OZ	N/A	24 @ \$32.18
054579	SOY CRISP,GARLIC & ONION	1.3 OZ	N/A	24 @ \$32.18
054580	SOY CRISP,LIGHTLY SALTED	1.3 OZ	N/A	24 @ \$32.18

**LETS DO ORGANICS (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
056843	GUMMI BEARS,OG,SUPER SOUR	3.5 OZ	N/A	12 @ \$35.10

**LUNDBERG (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
057203	RICE CHIPS,ORIG SEA SALT	6 OZ	\$3.29	12 @ \$35.53
057204	RICE CHIPS,PICO DE GALLO	6 OZ	N/A	12 @ \$35.53
057205	RICE CHIPS,SANTA FE BBQ	6 OZ	N/A	12 @ \$35.53
057206	RICE CHIPS,SESAME SEAWEEED	6 OZ	\$3.29	12 @ \$35.53

**MRS MAYS (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
065191	ALMOND CRUNCH	5.5 oz	N/A	12 @ \$41.58
065194	CASHEW CRUNCH	5.5 oz	N/A	12 @ \$41.58
065193	PECAN CRUNCH	5.5 oz	N/A	12 @ \$42.66
065192	PUMPKIN CRUNCH	5.5 oz	N/A	12 @ \$40.39
065196	SESAME CRUNCH	5.5 oz	N/A	24 @ \$41.47

**REAL FOODS (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
061042	CORN THINS,OG,FLAX & SOY	5.5 OZ	N/A	12 @ \$32.29
061043	CORN THINS,OG,MULTIGRAIN	5.29 OZ	\$2.99	12 @ \$32.29
061045	CORN THINS,OG,ORIGINAL	5.5 OZ	\$2.99	12 @ \$32.29
061044	CORN THINS,OG,SESAME	5.5 OZ	N/A	12 @ \$32.29
078726	RICE THINS,	5.3 oz	\$2.99	12 @ \$32.29

**ROBERTS AMERICAN GORMET (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
061170	PIRATE'S BOOTY W/CARAMEL	5.5 OZ	N/A	12 @ \$30.13
061171	PIRATE'S BOOTY,SNACK BAG	1 OZ	N/A	24 @ \$23.54

**SEASONS (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
061478	POTATO CHIPS,RF,LGHT SALT	8 OZ	\$3.79	12 @ \$40.93
061479	POTATO CHIPS,RF,RIPPLED	8 OZ	\$3.79	12 @ \$40.93

**SUZANNES SPECIALTIES (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
078089	RICEMELLOW CRÈME, VEGAN	10 oz	\$4.49	12 @ \$48.49

**SOUP / BROTH / CHILI (JAR, CAN)****AMYS (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
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To Order Call: 724.542.9745

Product availability and prices are subject to change without notice.

**SOUP / BROTH / CHILI (JAR, CAN)****AMYS (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
049447	CHILI,OG,MEDIUM	14.7 OZ	N/A	12 @ \$36.29
049448	CHILI,OG,MEDIUM,BLK BEAN	14.7 OZ	N/A	12 @ \$36.29
049449	CHILI,OG,MEDIUM,W/VEGGIES	14.7 OZ	N/A	12 @ \$36.29
049450	CHILI,OG,SPICY	14.7 OZ	\$3.36	12 @ \$36.29
049502	SOUP,OG,BLACK BEAN,LF	14.5 OZ	N/A	12 @ \$39.20
049504	SOUP,OG,CHUNKY TOMATO BSQ	14.5 OZ	N/A	12 @ \$33.16
049506	SOUP,OG,CRM OF TOMATO	14.5 OZ	N/A	12 @ \$33.16
075188	SOUP,OG,FIRE RTD SW VEG	14.3 OZ	N/A	12 @ \$39.20
049507	SOUP,OG,LENTIL	14.5 OZ	N/A	12 @ \$33.16
049508	SOUP,OG,LENTIL VEGETABLE	14.5 OZ	\$3.07	12 @ \$33.16
049512	F SOUP,OG,SPLIT PEA,FF	14.1 OZ	N/A	12 @ \$33.16

**HEALTH VALLEY (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
055511	F BROTH,BEEF,NO SALT,FF	14.25 OZ	N/A	12 @ \$28.08
055512	F BROTH,CHICKEN,FAT FREE	14.3 OZ	N/A	12 @ \$28.08
055513	F BROTH,CHICKEN,FAT FREE	32 OZ	N/A	12 @ \$40.18
055515	BROTH,CHICKEN,NO SALT	14.25 OZ	N/A	12 @ \$28.08
055519	F BROTH,VEGETABLE,FAT FREE	14.25 OZ	\$2.60	12 @ \$28.08
055520	F BROTH,VEGETABLE,FAT FREE	32 OZ	\$3.72	12 @ \$40.18
055685	SOUP,OG,BLACK BEAN,NS	15 OZ	N/A	12 @ \$35.21
055686	SOUP,OG,BLACK BEAN,SALT	15 OZ	N/A	12 @ \$35.21
055687	F SOUP,OG,BLK BEAN&VEG,FF	15 OZ	N/A	12 @ \$35.21
055703	F SOUP,OG,TOMATO VEGGIE,FF	15 OZ	N/A	12 @ \$35.21
055706	SOUP,OG,TOMATO,NS	15 OZ	N/A	12 @ \$35.21
055707	SOUP,OG,VEGETABLE	15 OZ	N/A	12 @ \$35.21
055708	SOUP,OG,VEGETABLE,NS	15 OZ	N/A	12 @ \$35.21

**IMAGINE (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
055918	SOUP,CREAMY PORT MUSHROOM	32 OZ	N/A	12 @ \$52.27
055919	SOUP,CREAMY PORT MUSHROOM	16 OZ	\$3.35	12 @ \$36.18
055924	SOUP,OG,CREAMY BROCCOLI	32 OZ	N/A	12 @ \$52.27
055925	SOUP,OG,CREAMY BROCCOLI	15 OZ	\$3.35	12 @ \$36.18
055929	SOUP,OG,CREAMY SWEET CORN	15 OZ	N/A	12 @ \$36.18
055928	SOUP,OG,CREAMY SWEET CORN	32 OZ	N/A	12 @ \$52.27
055930	SOUP,OG,CREAMY TOMATO	32 OZ	N/A	12 @ \$52.27
055931	SOUP,OG,CREAMY TOMATO	15 OZ	N/A	12 @ \$36.18
055933	SOUP,OG,CRMY BTRNT SQUASH	16 OZ	N/A	12 @ \$36.18
055932	SOUP,OG,CRMY BTRNT SQUASH	32 OZ	N/A	12 @ \$52.27
055934	SOUP,OG,CRMY POTATO LEEK	32 OZ	\$4.84	12 @ \$52.27
055935	SOUP,OG,FR RNGE CHCKN BRT	16 OZ	N/A	12 @ \$30.13
055936	SOUP,OG,FR RNGE CHCKN BRT	32 OZ	N/A	12 @ \$46.22
055937	SOUP,OG,NO CHICKEN BROTH	32 OZ	N/A	12 @ \$46.22
055938	SOUP,OG,POTATO LEEK	15 OZ	N/A	12 @ \$32.18
055941	SOUP,OG,VEGETABLE BROTH	32 OZ	N/A	12 @ \$38.23
055942	SOUP,OG,VEGETABLE BROTH	16 OZ	N/A	12 @ \$30.13

**PACIFIC (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
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 To Order Call: 724.542.9745

Product availability and prices are subject to change without notice.

**SOUP / BROTH / CHILI (JAR, CAN)****PACIFIC (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
079285	BROTH, OG, VEGETABLE, LS	32 oz	\$3.89	12 @ \$42.01
060156	BROTH,NATURAL BEEF	32 OZ	N/A	12 @ \$38.23
060157	BROTH,NATURAL CHICKEN	32 OZ	N/A	12 @ \$38.23
060158	BROTH,OG,CHICKEN	4/8 OZ	\$4.49	6 @ \$24.25
060159	BROTH,OG,CHICKEN	32 OZ	\$3.89	12 @ \$42.01
060160	BROTH,OG,CHICKEN,L SODIUM	32 OZ	N/A	12 @ \$42.01
060161	BROTH,OG,MUSHROOM	32 OZ	\$3.89	12 @ \$42.01
060162	BROTH,OG,VEGETABLE	4/8 OZ	\$4.19	6 @ \$22.63
060163	BROTH,OG,VEGETABLE	32 OZ	\$3.89	12 @ \$42.01
060183	SOUP,OG,CREAMY TOMATO	16 OZ	\$2.79	12 @ \$30.13
060185	SOUP,OG,CREAMY TOMATO	32 OZ	N/A	12 @ \$45.25
060186	SOUP,OG,CRMY BTRNUT SQUASH	32 OZ	N/A	12 @ \$45.25
060187	SOUP,OG,CRMY BTRNUT SQUASH	16 OZ	N/A	12 @ \$30.13
060181	SOUP,OG,CRMY RSTD PEP&TOM	32 OZ	N/A	12 @ \$45.25
060182	SOUP,OG,CRMY RSTD PEP&TOM	16 OZ	\$2.79	12 @ \$30.13
060189	SOUP,OG,FRENCH ONION	16 OZ	\$2.79	12 @ \$30.13
060188	SOUP,OG,FRENCH ONION	32 OZ	N/A	12 @ \$45.25

**SHELTONS (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
061693	BROTH,OG,CHICKEN	14.25 OZ	N/A	12 @ \$29.16
061694	F BROTH,OG,CHICKEN,FF,LS	14.3 OZ	N/A	12 @ \$29.16
061707	SOUP,BLACK BEAN & CHICKEN	15 OZ	N/A	12 @ \$27.11

**SOUP, DRY MIXES****BOBS RED MILL (WF, GF Room)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
050892	SOUP MIX,13 BEAN	29 OZ	\$5.39	4 @ \$19.40

**CELIFIBR (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
065057	"BEEF" BOUILLON CUBES	2 oz	\$2.16	24 @ \$46.66
065058	"CHICKEN" BOUILLON CUBES	2 oz	\$2.16	24 @ \$46.66
065059	VEGETABLE MEDLEY BOUILLON CUBES	2 oz	\$2.16	24 @ \$46.66

**EDWARD & SONS (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
053067	MISO CUP GOLDEN LIGHT	.705 OZ	N/A	24 @ \$28.08
053068	MISO-CUP GOLDEN LIGHT	2.5 OZ	N/A	12 @ \$55.30
053069	MISO-CUP W/SEAWD ENV DSP	.705 OZ	N/A	24 @ \$28.08
053070	MISO-CUP W/SEAWEED	2.5 OZ	N/A	12 @ \$55.30
053071	MISO-CUP,OG,RDCD SODIUM	1 OZ	N/A	12 @ \$40.18
053072	MISO-CUP,OG,TRAD W/TOFU	1.3 OZ	N/A	12 @ \$40.18

**ENER-G (WF, GF Company)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
065749	CREAM OF MUSHROOM SOUP	.88 oz	\$1.44	12 @ \$15.55

**SOUP, DRY MIXES****FANTASTIC (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
078793	SOUP CUP, SPLIT PEA	1.6 oz	\$2.55	12 @ \$27.54
053648	SOUP MIX, CREAMY POTATO	7.5 OZ	N/A	6 @ \$26.14
053652	SOUP, BROCCOLI & CHEDDAR	.9OZ	N/A	12 @ \$27.22

**RAPUNZEL (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
060861	BOUILLON, OG, VEG NO SALT	2.4 OZ	\$3.07	12 @ \$33.16
060862	BOUILLON, OG, VEG W/HERBS	3.10 OZ	\$3.07	12 @ \$33.16
060863	BOUILLON, OG, VEG W/SEA SLT	2.97 OZ	\$3.07	12 @ \$33.16

**ROADS END ORGANICS (WF, GF Room)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
079231	CHREESE MIX, OG, CHEDDAR, GF	1 oz	\$ .99	12 @ \$10.69

**SEITENBACHER (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
061535	BROTH, VEG, MIX, NATURAL	5 OZ	\$4.66	6 @ \$25.16

**THAI KITCHEN (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
063038	RICE NDL, LEMN GRASS&CHILI	1.6 OZ	\$ .92	12 @ \$9.94
063040	RICE NOODLE BOWL, LMN&CHIL	2.4 OZ	\$1.85	6 @ \$9.99
063041	RICE NOODLE BOWL, MUSHROOM	2.4 OZ	\$1.85	6 @ \$9.99
063042	RICE NOODLE BOWL, RST GRLC	2.4 OZ	\$1.85	6 @ \$9.99
063043	RICE NOODLE BOWL, SP ONION	2.4 OZ	\$1.85	6 @ \$9.99
063044	RICE NOODLE BOWL, THAI GNG	2.4 OZ	\$1.76	6 @ \$9.50
063045	RICE NOODLES, CURRY	1.6 OZ	\$ .92	12 @ \$9.94
063046	RICE NOODLES, GARLIC&VEG	1.6 OZ	\$ .92	12 @ \$9.94
063047	RICE NOODLES, ONION	1.6 OZ	\$ .92	12 @ \$9.94
063048	RICE NOODLES, THAI GNG&VEG	1.6 OZ	\$ .92	12 @ \$9.94
076082	STIR-FRY RICE NOODLES	14 OZ	\$2.79	12 @ \$30.13

**SPREADS, NUT / SEEDS/ TAHINI****ARROWHEAD MILLS (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
049360	SESAME TAHINI, OG, NS	16 OZ	\$4.65	12 @ \$50.22

**SWEETNRS, PKGD / FLAVRING / SYRUP****AHLASKA ORGANICS (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
078516	CHOCOLATE SYRUP OG	22 oz	\$5.69	1 @ \$5.12

**FIRTH (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
078411	MAPLE SYRUP	16 oz	\$11.83	1 @ \$10.65

**SWEETNRS, PKGD / FLAVRING / SYRUP****LUNDBERG (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
057220	RICE SYRUP,OG,BROWN	21 OZ	N/A	12 @ \$64.69
057221	RICE SYRUP,PREMIUM	21 OZ	N/A	12 @ \$55.30

**TAMARIS, GRAVIES, OTHER SAUCES****BRAGGS (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
050990	LIQUID AMINOS	16 OZ	\$4.52	12 @ \$48.82

**PREMIER JAPAN (WF,GF Product by Ingredients, Possible production line cross-contamination)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
060399	HOISIN SAUCE,OG,WHT FREE	8.5 OZ	N/A	12 @ \$50.33
060403	TERIYAKI SAUCE,OG,WHT FR	8.5 OZ	\$4.69	12 @ \$50.65

**ROADS END ORGANICS (WF, GF Room)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
061011	GRAVY MIX,OG,GF,SAVRY HRB	1 OZ	\$ .99	12 @ \$10.69
061012	GRAVY MIX,OG,GF,SHTK MSRM	1 OZ	\$ .99	12 @ \$10.69
061010	GRAVY MIX,OG,GF.GOLDEN	1 OZ	\$ .99	12 @ \$10.69

**SAN J (WF,GF Product by Ingredients)**

ITEM NO.	DESCRIPTION	SIZE	EACH	CASE
061290	TAMARI,OG,W/F,GOLD LABEL	10 OZ	\$4.19	6 @ \$22.63
061291	TAMARI,OG,W/F,R/S,PLATINM	10 OZ	\$4.94	6 @ \$26.68

**Ordering Information**

Ordering

- To place an order, call (724)542-9745 or fax (724)542-9746.

Payments

- Herbalicious accepts Visa, MasterCard, Discover and American Express.

Returns

- Herbalicious is committed to customer satisfaction and will accept the return of dry goods for thirty (30) days from the receipt of the merchandise. The original invoice must be included.

Shipping

- Most orders ship within 5 business days, however special orders may take up to two (2) weeks.
- To better serve you, we offer UPS Ground Shipping
- Herbalicious ships anywhere in the United States
- Mail orders for frozen or perishable foods are not available at this time.

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